

# Adolescent Girls Support Group

Now forming at the office of

**Denise C. Wall LCSW**  
*Psychotherapeutic Counseling Services*

610 Main St.  
Odessa, DE 19730  
Phone: 302-376-5259

## **8-week Support Group for girls ages 14-18**

Who may be experiencing difficulties with:

- *Anger Management*
- *Self Esteem*
- *Stress and/or Anxiety*
- *Trouble Functioning at home or school*

**This group will provide education and support on these issues as well as open discussion and structured group activities to develop increased coping mechanisms. Each Group session is 8-weeks in duration, meeting for 1 ½ hours per week**

### **Group Schedule (Meets on Mondays 5:30-7:00pm):**

Session #1 Starts on Feb. 8<sup>th</sup>  
Session #2 Starts on April 12<sup>th</sup>  
Session #3 Starts on July 12<sup>th</sup>

***Wait List Now Forming!***

For details please call **302-376-5259** or visit us on the web at  
[www.dcw-counseling.com](http://www.dcw-counseling.com)